The Phoebe Ministry

Pronounced “Fee-bee”

Houses of Refuge

Community Resources of Hope, Help, & Healing for the People of God

But my God shall supply all your need according to his riches in glory by Christ Jesus. Philippians 4:19 (KJV)



Dr. William H. Whitaker, II
CBA1 Founder, Director, & Ministry Trainer

2026
The Church Business Administration Network
Dr. William H. Whitaker, II – Founder, Director, & Ministry Trainer

Arrive. Enjoy. Leave the Rest to Us!

Thank you for your continuous support of **CBA1: The Church Business Administration Network.** We look forward to further opportunities to serving and sharing with you in ministry.

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cba1.org

The Phoebe Ministry

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The Phoebe Deaconess Ministry

What is the Phoebe *(pronounced "Fee-bee")* ***Ministry?***

[1a]Now I introduce and commend to you our sister Phoebe, a deaconess (servant) of the church …[2b]for she has been a helper of many, including myself.
Romans 16:1a & 2b (Amplified Bible)

The *Phoebe Ministry* is a New Testament missions and outreach effort provided by Deaconesses in the church and community. It is named after a Christian woman named *Phoebe* ("Fee-bee") who was widely known for helping others through continuous acts of kindness. So impactful was her ministry that she led worship in her home prompting the Apostle Paul to introduce her as a *Deaconess* to the entire church of Rome (Romans 16:1-2 Amplified Bible).

The call of the present-day Deaconess is to continue the legacy of *The Phoebe Ministry* through continued acts of kindness. Although the method of the work differs from that of Phoebe in Romans 16, the purpose remains the same. To help those in need by providing *Houses of Refuge*, a guide of encouragement and resources for the people of God.

What is the message of *Houses of Refuge*?

"God will supply all your need according to his riches in glory by Christ Jesus."
Philippians 4:19

As you browse the following pages of support and resources, may God bless, strengthen, guide, and provide for you during your difficult times. Be encouraged my brother and my sister. Help is on the way!

Lord bless you.
The Deaconess Phoebe Ministry

The Lord Will Make a Way Somehow

The greatest resource you will ever have in your time of need is the Word of God and your relationship with Jesus Christ.

Accepting Christ and being Christian does not mean that you will never have troubles. Every Christian experiences seasons of hardship that are beyond our personal abilities and knowledge to handle. Being Christian means facing our troubles with the faith *"…that God will take care of everything you need…* (Philippians 4:19 -Message Translation).

Houses of Refuge is a Community Resource guide provided by your church's Deaconess *Phoebe Ministry* of for children of God who are in need. It is your reminder that God is *Jehovah Jireh* (your provider), who blesses you according to His grace rather than your life mistakes.

"I wonder what I have done, that makes this race so hard to run. Then I say to my soul, 'Take courage, …be patient, …don't worry. The Lord will make a way somehow.'"
Thomas A. Dorsey

That you have received and are reading the *Houses of Refuge* guide to *Community Resources* is an indication that you or someone you know is praying that, *"The Lord will make a way somehow."* You don't need to know what God's **"somehow"** is. That's for God to know and for you to believe. What is most important is your continued belief in God's **"somehow". Somehow**, God is about to do something wonderful and marvelous in your life.

As you browse through the *Houses of Refuge* that are available to assist you, your *Phoebe Deaconess Ministry* encourages you to begin by seeking a stronger relationship with Christ. *"…seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."* (Matthew 6:33)

It is only in your relationship with Christ that you will find "God's Somehow", the answer to your prayers of need.

May the Lord bless you.
The Phoebe Deaconess Ministry of Your Church

I. Police & Emergency Medical Services (EMS)

A. Emergency: 911

- Ambulance
- Fire
- Police

B. Police (Non-emergency):

Richmond City **804-646-5100**
200 W. Grace St.
Richmond, VA 23220

Chesterfield **804-748-1251**
10001 Iron Bridge Rd
Chesterfield, VA 23832

C. Magistrate:

Richmond City **804-646-6689**
1701 Fairfield Way
Richmond, VA 23223

Chesterfield **804-748-1410**
6900 Mimms Dr.
Chesterfield, VA 23832

II. Emergency Assistance Programs

A. One Call, One Community

ONE CALL
ONE COMMUNITY
804.612.6126
Greater Richmond Regional Hotline

Free. 24/7. Confidential.
Call if you or a loved one is experiencing violence or need help.
We can connect you to FREE and confidential services such as:

- Safety Planning
- Individual Counseling
- Group Counseling
- Emergency Housing
- Case Management
- Court Advocacy
- Domestic Violence

B. Virginia 211 **Dial 2-1-1 or 800-543-7709**

www.211virginia.org

Statewide information and referrals to other resources.

C. National Relief Programs

1. **National Domestic Violence Hotline**
   Purpose: Domestic violence crisis intervention, safety planning, and referrals for all individuals.
   Call: 1-800-799-SAFE (7233)
   Text: "START" to 88788; Chat at thehotline.org

2. **National Sexual Assault Hotline (RAINN)**
   Purpose: Confidential support for survivors of sexual assault.
   Call: **1-800-656-HOPE (4673)**
   Text: Chat at rainn.org

3. **StrongHearts Native Helpline**
   Purpose: Culturally appropriate support for Native American and Alaska Native survivors of domestic and dating violence.
   Call: 1-844-7NATIVE (762-8483)
   Text: Chat at strongheartshelpline.org

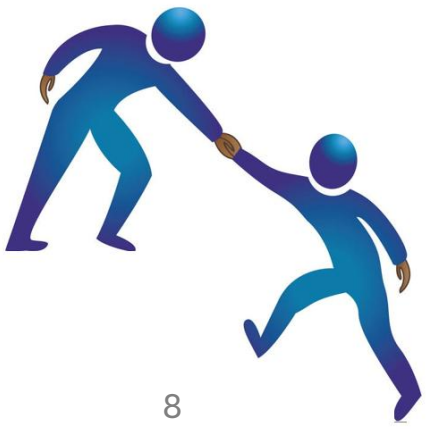
4. **National Runaway Safeline**
   Purpose: Crisis support for runaway and homeless youth.
   Call: 1-800-RUNAWAY (786-2929)
   Text: Chat at 1800runaway.org

5. **National Human Trafficking Hotline**
   Purpose: Support and resources for survivors of human trafficking.
   Call: 1-888-373-7888
   Text: Text "HELP" to 233733

6. **Abused Deaf Women's Advocacy Services (ADWAS)**
   Purpose: Specialized services for Deaf, Blind, and Hard of Hearing survivors.
   Call: 1-855-812-1001 (Videophone)
   Text: Instant messenger: DeafHotline

D. National Crisis Hotlines

1. **AIDS Hotline:** 1-800-342-AIDS (2437)
2. **Child Abuse:** 1-800-4 A-CHILD (22-4453)
3. **Childhelp National Child Abuse Hotline:** 1-800-422-4453
4. **Crisis Text Line:** Text HOME to 741741
5. **Domestic Violence:** 1-800-799-SAFE (7233)
6. **Drug/Alcohol Abuse:** 1-866-684-6303
7. **Gamblers Anonymous National Hotline:** 1-855-222-5542
8. **Missing/Exploited Children:** 1-800-843-5678
9. **Nacional de Prevencion del Suicidio:** 1-888-628-9454
10. **National Domestic Violence Hotline:** 1-800-799-7233
11. **National Graduate Student Crisis Hotline:** 1-877-472-3457
12. **National Sexual Assault Hotline:** 1-800-656-4673
13. **National Suicide and Crisis Lifeline:** 988
14. **National Veterans Crisis Line:** 988, then 1 (Text 838255)
15. **Parents of Murdered Children:** 1-888-818-7662
16. **Runaway:** 1-800-RUNAWAY (786-2929)
17. **Sex Addicts Anonymous:** 1-800-477-8191
18. **Suicide Prevention:** 1-800-273-TALK (8255)
19. **Teen Dating Abuse:** 1-866-331-9474
20. **Veterans Crisis Line:** 1-800-273-8255



III. ABUSE/VIOLENCE:

A. Battered Women/Human Sex Trafficking Refuge

1. Purpose: Safe Harbor
   Website: http://www.safeharborshelter.com
   Call: (804) 249-9470/ (804) 500-2755 (24-hour helpline)
   Email: info@safeharborshelter.com
   Location: 1610 Forest Ave Suite 118, Richmond, VA 23229

2. **Domestic Violence Program**
   Website: https://www.alexandriava.gov
   Call: (703) 746-4911 / (703) 683-7273 (Sexual assault Hotline)
   Location: 123 N Pitt St #225, Alexandria, VA 22314

3. **Hanover Safe Place**
   Website: https://www.hanoversafeplace.com
   Call: (804) 752-2728
   Location: 629 N Washington Hwy, Ashland, VA 23005

B. Child Abuse:

greater richmond SCAN stop child abuse now

804-257-7226 / www.grscan.org / 103 E. Grace St., Richmond, VA 23219

- *Provides awareness, support and education needed to enhance the lives of children. SCAN's services promote positive parenting, strengthens families and help create a community that values and cares for its children.*
- *Programs include the Family Support Program, the Families Are Magic (FAM) Program, The Circle Preschool Program, Richmond CASA (Court Appointed Special Advocates) and the Child Advocacy Centers (CAC).*

C. Child Social Services

- **Chesterfield** 804-748-1100
- **Richmond** 804-646-0438

D. **Adult Abuse:**

1. **Senior Connections**

804-343-3000

2. **Senior Social Services**
   - **Chesterfield** 804-748-1100
   - **Richmond** 804-646-7156

IV. CHILD CARE:

A. **Child Care Resources & Referral Network**
866-481-1913

B. **Child Care Social Services:**
1. **Chesterfield** 804-748-1100
2. **Richmond** 804-646-7212

V. CLOTHING:

A. **Church Hill Wellness Center** 804-780-0053
2011 Fairmount Ave.
Richmond, VA 23223
(located on the 2nd & 3rd floors of the Education Building of Mount Tabor Baptist Church)

Hours of Operation:
Monday: 9:am – 5:00pm
Tuesday – Thursday: 9:00am – 6:00pm
Friday: 9:00am – 2:00pm

B. Clothing Closets:

First Baptist Church 804-355-8637
2079 Monument Ave
Richmond, VA 23220
Mondays & Wednesdays @ 10:00am – 12:00noon

VI. DOMESTIC VIOLENCE:

A. One Call – One Community
804-612-6126
24/7 hotline. Confidential. Call if you or a loved one is experiencing violence and need help.

B. Central VA Task Force on Domestic Violence in later Life
804-828-1525

***To report suspected financial exploitation or other kinds of abuse to the elderly or adults with a disability**, call the Virginia Department of Social Services' 24-hour, toll-free Adult Protective Services Hotline at (888) 832-3858 or your local department of social services:*

Richmond City *804-646-7000*
Marshall Plaza Building
90 E. Marshall St.
Richmond, VA 23240

Chesterfield County 804-748-1100
9501 Lucy Corr Circle
Chesterfield, VA 23832



God Will Make a Way When there Seems to be No Way

Isaiah 41:10
Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Romans 8:31
What then shall we say to these things? If God is for us, who can be against us?

1 Peter 5:7
Casting all your anxieties on him, because he cares for you.

Hebrews 13:5
Keep your life free from love of money, and be content with what you have, for he has said, I will never leave you nor forsake you.

Joshua 1:9
Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.

Matthew 17:20
…truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, "Move from here to there," and it will move, and nothing will be impossible for you.

Proverbs 3:5-6
Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

VII. Crisis Intervention

A. Action Alliance (Virginia Sexual and Domestic Violence)

For crisis intervention, support, information and local program referrals *for victims of family violence or sexual assault, their friends, families, professionals and the general public.*

(800) 838-8238 / www.vsdvalliance.org

Contact the Virginia Sexual and Domestic Violence Action Alliance's toll-free, confidential 24-hour statewide Virginia Family Violence and Sexual Assault Hotline

B. **YMCA Richmond City & Chesterfield** 804-643-0888

C. YWCA – Hotline 804-612-6126

Women and their children suffering from domestic violence can find shelter, counseling, support groups, and legal assistance 24 hours/day.

VIII. Resources for College Students

Please note: Each college may define 'sexual misconduct' differently, but basically this is unwelcomed acts of a sexual nature.

A. Greater Richmond Regional Hotline 804-612-6126

Available 24 hours-a-day and open to survivors and their support networks to offer information and connectivity to agencies dedicated to empowering survivors.

B. University of Richmond (hotline) 888-256-4925

Title IX Coordinator: Tracy Cassalia
804-289-8464 tcassali@richmond.edu

Police:
Emergency 804-289-8911 / Non-emergency 804-289-8722

Online Reporting: www.reportlineweb.com/richmond
Confidential Support: (CAPS) 804-289-8119

IX. Resources for College Students (cont'd.)

C. Virginia Commonwealth University

Title IX Coordinator: Laura Walsh Rugless
804-828-6404 lrugless@vcu.edu

Police:
Emergency 804-828-1234
Non-emergency 804-828-1196

Online Reporting: titleix@vcu.edu or submit form at www.equity.vcu.edu
Confidential Support: 804-828-9355

D. Virginia Union University

Title IX Coordinator: Deborah Jones 804-257-5712
Police: 804-257-5777
Confidential Support: 804-342-3812

E. Virginia State University

Title IX Coordinator: Julia Walker
804-524-1007 jawalker@vsu.edu

Police: Emergency (On-campus) 5411
Non-emergency 804-524-5360
Confidential Support: 804-524-6942

F. J. Sergeant Reynolds

Title IX Coordinator: VP of Student Affairs
804-523-5296 vpsa@reynolds.edu

Police:
Emergency 804-523-5911
Non-emergency 804-523-5219

G. Randolph-Macon

Title IX Coordinator: William Franz
804-752-7268 wfranz@rmc.edu

Police (Ashland Police) 804-798-1227
Campus Safety 804-752-4710/804-752-7200
Confidential Support: 804-752-7270

IX. Resources for College Students (cont'd.)

H. John Tyler

Title IX Coordinator: Sandra Kirkland
804-594-1566 (Midlothian) or 804-706-5208 (Chester)
skirkland@jtcc.edu

Deputy Title IX Coordinator: Michelle Spencer
804-594-1534 (Midlothian) or 804-706-5067 (Chester)

Police 804-748-1251



X. EDUCATION:

A. Richmond City Public Schools

804-780-7710
www.rvaschools.net

B. Chesterfield County Public Schools

804-768-6140
www.mychesterfieldschools.com

C. Head Start: Hope Community Services

HEAD START| ECLKC
Early Childhood Learning & Knowledge Center

866-763-6481
www.eclkc.ohs.acf.hhs.gov

D. Richmond Public School Head Start Program

804-780-7794
2001 Ruffin Road
Richmond, VA 23234
www.richmond.k12.va.us/Programs/HeadStart.aspx

XI. EMPLOYMENT:

A. Adult Career Development Center (Richmond):

804-780-4388
www.web.richmond.k12.va.us/acdc/Home
*The Richmond **Adult Career Development Center** is an alternative school located in Richmond, Virginia, and is part of the Richmond Public School system. The ACDC is a non-traditional public school providing all age groups access to programs that may help satisfy certain aspects of their formal educational.*

B. Virginia Workforce Connection

Virginia Workforce Connection
Your gateway to employment and labor market information in Virginia
www.vawc.virginia.gov
The Virginia Workforce Connection (VAWC) is your doorway to employment and labor market information in Virginia.

C. Daily Planet / Project Strive 804-783-0678

D. Resource Workforce Center 804-344-8060

resource
LET'S GET TO WORK.
203 East Cary Street
Richmond, VA 23219
www.resourceva.com
The focal point for integrated local and regional workforce development initiatives.

E. Goodwill

Goodwill
Central and Coastal Virginia
804-745-6300 / www.goodwillvirginia.org
Goodwill of Central and Coastal Virginia has been providing job seeker services and job skills training programs for individuals with challenges to work for over 90 years. For the job seeker, Goodwill will meet you where you are, create a progression plan suited to your capabilities and provide continuous support along your career path.

XI. EMPLOYMENT (CONT'D.)

F. Felon-Friendly Employers

www.Jobsthathirefelons.org

(List is extensive so visit their website for the full list. Here are just a few in this area:

Aamco	*Ace Hardware*	*Anthem Blue Cross & Blue Shield*
AT&T	*Costco*	*Darden Restaurant Group*
DuPont	*Family Dollar*	*Goodwill*
Xerox	*Philip Morris*	*Home Depot*
Chili's	*Dairy Queen*	*Waste Management*
Wendy's	*Lowe's*	*Perdue Chicken*
Pepsi Beverage	*Distribution*	*Miller Brewing Company*

…and many more

XII. FINANCIAL ASSISTANCE

A. Commonwealth Catholic Charities – HELP

804-285-5986 / www.cccofva.org/services

Whether trying to improve credit scores, create a workable budget, purchase a home, or avoid foreclosures, CCC's certified financial and housing counselors can help develop a plan to achieve financial goals through one-on-one counseling and classes and workshops.

B. Virginia Department of Social Services

www.dss.virginia.gov/localagency/index.cgi

Richmond City Department of Social Services
Marshall Plaza Building
900 E. Marshall St.
Richmond, VA 23240

C. Electrical Bills

www.richmondgov.com/SocialServices/EnergyAssistance

Fuel Assistance Program assist eligible households with the cost of heating their homes.

D. Water Bills 311

*If you are having trouble paying your water **utility bill**, you might be eligible to receive financial **assistance**. The MetroCare Water **Assistance** Program offers a discount to customers who meet qualifying criteria. Whether you have delinquent water bills, are at risk of being disconnected, or struggle with paying …* www.richmondgov.com/public**utilities**/**utility**talk.aspx

Water Bills (cont'd.)

Intake agencies are:

Capital Area Partnership Uplifting People (CAPUP) – See Below.

The Salvation Army, 2 W. Grace Street, 225-7470

Richmond Department of Social Services (for existing clients only) at 900 E. Marshall St., 4100 Hull Street Road.

E. Community Action Program Uplifting People

CAPUP
Capital Area Partnership Uplifting People
a community action agency

804-788-0050 / www.capup.org / *1021 Oliver Hill Way*

PROVIDING HELP, CREATING HOPE, CHANGING LIVES, FOR OVER 50 YEARS.
Capital Area Partnership Uplifting People (CAPUP) is a non-profit community action agency serving the communities of Richmond, Petersburg, Hopewell, Prince George, and Dinwiddie. Established in 1965, CAPUP is dedicated to combating poverty and poverty related issues in the capital region of Virginia.

CAPUP aids low-income clients with emergency rent, mortgage, utility and medical funding assistance to help prevent homelessness, hunger or suffering. Emergency food, clothing and transportation are also available. For more information, call ***(804) 788-0050*** *in Richmond and* ***(804) 722-9577*** *in Petersburg.*

Emergency Services are provided by appointment only. CAPUP's Emergency Services are offered to clients on a limited basis contingent upon emergency circumstances, proper documentation, and other extenuating factors such as frequency of use and abuse of services.

God Knows About Your Need
& God Cares for You

"His eye is on the sparrow, and I know He watches me."
God took nothing and created the earth and everything in it.
Certainly, He can take care of you.

Jeremiah 29:11

For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.

Isaiah 41:13

For I, the LORD your God, hold your right hand; it is I who say to you, "Fear not, I am the one who helps you."

Psalm 23:1

The Lord is my shepherd, I shall not want.

Psalm 27:1

The LORD is my light and my salvation—whom shall I fear? The LORD is the stronghold of my life—of whom shall I be afraid? (NIV)

Lamentations 3:25

The LORD is good to those whose hope is in him, to the one who seeks him; (NIV)

1 Corinthians 8:3

…but if anyone loves God, he is known by Him.

Nahum 1:7

The LORD is good, A stronghold in the day of trouble, And He knows those who take refuge in Him.

XIII. FOOD DISTRIBUTION:

A. Feedmore

804-521-2500 / www.feedmore.org
1415 Rhoadmiller Street
Richmond, VA 23220

FeedMore is Central Virginia's core hunger-relief organization dedicated to providing neighbors in need with healthy meals and hope for a better tomorrow. With a service area that stretches across 34 cities and counties, FeedMore helps the nearly 200,000 children, families and seniors in Central Virginia who struggle with hunger.

Working to efficiently and effectively fight hunger, FeedMore's multi-tiered approach, comprehensive programs and network of more than 300 partner agencies are dedicated to providing neighbors who face hunger with one of the most basic necessities: nourishment.

FeedMore serves...

- *Local children who need a nutritional foundation to learn and grow.*
- *Central Virginia families struggling to make ends meet and provide for themselves.*
- *Senior and homebound neighbors who need nutritious meals and services for health and independence.*

B. FeedMore Programs...

1. Hunger Hotline 804-521-2500

Our Hunger Hotline is a part of the Food Referral program that helps connect individuals who call in and need emergency food assistance. Office hours: Monday – Friday, 9:00am – 4:00pm or leave a message.

2. Food Pantry

Our partner agency network includes over 300 pantries. Listed here are just a few in this area:

2nd Baptist Church
1400 Idlewood Ave
804-353-7682
Wednesday @ 11:00am – 1:00pm

XIII. FOOD DISTRIBUTION (CONT'D.):

C. Meals Delivered

MEALS ON WHEELS AMERICA 2016 MEMBER

Focused on individuals who have no reliable means for maintaining a healthy diet, our Meals on Wheels program helps keep homebound seniors independent and in their own homes for as long as possible.

Hot meals / Soup Kitchens

1. St. Paul's Episcopal Church
   815 E. Grace Street
   Richmond, VA 23219
   804-643-3589
   Thursdays @ 9:00am

2. Centenary United Methodist
   411 E. Grace Street
   Richmond, VA 23219
   804-648-8319
   Fridays @ 10:30am – 12:30pm

XIV. MEDICAL RESOURCES:

A. Child Savers 804-305-2420

ChildSavers

www.childsavers.org
200 N. 22nd St.
Richmond, VA 23223
24/7 hotline for mental health and trauma crisis involving a child

XIV. MEDICAL RESOURCES (CONT'D.):

B. Daily Planet 804-783-0678

www.dailyplanetva.org
517 W. Grace Street, Richmond, VA 23220
Provides quality health services to anyone regardless of their housing, financial or insurance status. Services include: primary care, behavioral health, dental and eye care clinics.

Daily Planet Medical Respite Program:

Medical Respite is a 20-bed, facility designed to provide convalescent care upon hospital discharge for up to 30 days for adults who do not have appropriate living arrangements to support recuperation. It provides 24-hour staff supervision with the ultimate goal of establishing a medical home and attaining stable housing.

For referral information to Medical Respite, please contact Evelyn Clay, Program Manager, at 804-292-3018.

C. The Health Brigade 804-358-6343

www.thehealthbrigade.org
1010 N. Thompson St., Richmond, VA 23230
Provides quality health services especially to those least served in a compassionate and non-judgmental environment. Provides Primary care, mental health and wellness, Health outreach and advocacy, and trans health.

XV. FAMILY/PARENTING

A. Commonwealth Catholic Charities 804-272-2235

B. Family Lifeline **804-282-4255**

www.familylifeline.org
2325 W. Broad St.
Richmond, VA 23220

1. **Families with Young Children** **804-249-5414**
   Family Lifeline's programs for families with young children partner with parents to assure that their children are healthy, safe, and ready to succeed. We utilize three best practice home visiting models: Parents as Teachers, Healthy Families and CHIP (Children's Health Involving Parents) to support at risk families with young children as they strive to ensure their children are prepared for school and life.

2. **Older Adults and Persons with Disabilities** **804-249-9343**
   Family Lifeline's programming for older adults, people with disabilities and their caregivers strives to help individuals reduce social isolation and remain independent, in their own homes for as long as possible.

3. **Teen Pregnancy**
   a. Resource Mothers Program (Richmond City Health District)

Families are Magic
[FAMRICHMOND.ORG]

(804) 205-3677
www.vahealth.org/resourcemothers
400 East Cary Street
Richmond, VA 23219

a. **Resource Mothers Program** (cont'd.)
Resource Mothers is a home-visiting program providing a combination of social support, education and practical assistance to first time pregnant teens as they experience the crisis of a teen pregnancy and makes the transition to parenthood. Our purpose is to increase good birth outcomes for the mother and infant and to reduce infant mortality. The teen is involved with our program from early prenatal until the child's first birthday. There is no cost for the services we provide.

4. Runaway:

a. National Runaway Safeline 800-786-2929

www.1800runaway.org

Youth & Teens: *NRS is there to listen if you are thinking about running away or already have. Services are confidential and nonjudgmental.*

Parents & Guardians: *NRS can offer you support and help to connect you with the right resources for your family.*

XVI. SHELTER:

A. Homeless / Evictions:

CARITAS
TRANSFORMING LIVES. RESTORING DIGNITY

Shelter Diversion Line **804-972-0813**

B. The Healing Place **804-230-1217**

Overnight men's emergency shelter and social detox program. (This is part of the CARITAS program)

C. Daily Planet **804-783-0678**

www.dailyplanetva.org
517 W. Grace Street
Richmond, VA 23220
Provides quality health services to anyone regardless of their housing, financial or insurance status. Services include: primary care, behavioral health, dental and eye care clinics.

D. Daily Planet Program: *Safe Haven*

Safe Haven is a 21-bed facility providing transitional housing with comprehensive and integrated health support services to homeless adults with mental health and/or substance-use disorders. It provides 24-hour staff supervision and guidance with the ultimate goal of attaining permanent housing and independent living.
For more information about referrals, please call Angela Mitchell, director of Safe Haven, at 804-231-7137.

E. Richmond City Police Project HOPE Team 804-646-2064

None emergency needs for homeless services assistance.
Homeless Outreach Partnerships Enforcement
A homeless outreach unit that provides referrals and services as part of a long-term approach to assist the homeless.

F. Sodality Respite **804-640-1509**



SODALITY RESPITE

"For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." Mark 10:45

www.sodalityrespite.org
8309 Corinth Dr.
Richmond, VA 23227

Sodality Respite, Inc. was incorporated in September 2017 as a nonprofit organization for purposes of providing health care to the homeless population in the Tri-Cities area of Richmond, Virginia. It operates a 24/7/365 Crisis Management Services program onsite.

Vision: "a city where homelessness does not exist."

Mission: to provide support for the homeless population in Central Virginia (men, women, children, Veterans, and people stricken with mental illness and/or addiction).

Services include:

- *Respite care from acute and chronic disease processes, injury and illnesses*
- *On-site primary care with chronic disease stabilization*
- *Medication management*
- *Intensive case management services, with addiction recovery support as necessary*
- *Short term living accommodations for 45-90 days depending on case-by-case examination of individual need*
- *24/7/365 onsite clinical services*

Projects over the next 15 years:
***Note:** The following services are not completely in place at this time but you may be able to get some direction as to who to contact:*

- *Homeless Youth Services/Human Trafficking Survivors*
- *Caregiver Burden Relief Respite for Caretakers*
- *Hospice for the Homeless*

G. National Call Center for Homeless Veterans 877-424-3838

www.va.gov/homeless/

Provides free, 24/7 access to trained counselors for local resources and assistance.

www.va.gov/homeless/

Veterans can call to talk to someone, send text to 838255, or go online to do a confidential chat.

G. Suicide Prevention:

H. National Suicide Prevention Lifeline 804-273-8255

www.suicidepreventionlifeline.org

24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

I. Be Well VA

www.bewellva.com

Prevention help for military, adults and teens

J. Richmond Behavioral Health Authority

RBHA RICHMOND BEHAVIORAL HEALTH AUTHORITY

Richmond City Crisis Line **804-819-4100**
www.bewellva.com/richmond/
24-hour service for situations requiring immediate intervention:

- Present danger to self or others
- Serious inability to care for self

God is Your Refuge & Strength

...if you allow Him into your life.

Isaiah 40:31
…but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Isaiah 43:2
When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.

Joshua 1:9
Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.

Isaiah 41:10
…do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Proverbs 3:5-6
Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.



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Arrive. Enjoy. Leave the Rest to Us!!!

The Phoebe Ministry and the *Houses of Refuge* Resource Guide are both God's vision received and produced by CBA1 founder, *Dr. William "Bill" Whitaker, II*. All information contained within the Houses of Refuge has been received from community resources from within the Commonwealth of Virginia and the United States of America.

If the Deaconesses of your church desire to be a part of CBA1's Phoebe Ministry, please contact Dr. Bill at The Church Business Administration Network at your earliest convenience.

Please feel free to forward** Houses of Refuge **to others who are in need of its resources.